



## MIDDLE & SENIOR SCHOOL CAFE MENU 2023

### Wraps

Salad (tomato, cucumber, carrot, cheese, lettuce, mayo)	6.00
Ham or Chicken and Salad	6.00
Tandoori Chicken, Avocado and Cucumber	6.00

### Baguettes

Salad (tomato, cucumber, carrot, cheese, lettuce, mayo)	7.00
Ham Cheese Tomato	Sm 6.00 Lg 7.00
Chicken Pesto	Sm 6.00 Lg 7.00

### Cold Food

Chicken Caesar Salad	6.00
Spinach, Roast Veg and Feta Salad (GF)	6.00
Sushi (GF) (chicken, seafood or veg)	4.00
Fruit Salad	Sm 3.00 Lg 5.00
Yoghurt Vaalia (apricot mango, berry, vanilla)	2.50

### Snacks

Cookies & Slices	from 0.50
Cup Cake	1.50
Cakes	from 1.00
Shortbread	2.00
Danishes	3.00
Gingerbread Face or Man	2.50
Triple Choc Cookie (GF)	3.50
Chips	2.00
2 Minute Noodles	2.50

### Weekly Specials

Specials featuring flavours from around the world are changed each week. The Specials menu is available on the Flexischools website.

### Hot Food

Bacon, Egg & Cheese Roll	5.00
Small Beef Pie	4.00
Sausage Roll	4.00
Roast Vegetable Toasted Focaccia	5.00
Ham Tomato Pesto Cheese Toasted Focaccia	5.00
Chicken Pesto Hot Baguette	Sm 6.00 Lg 7.00
Tandoori Chicken Hot Baguette	Sm 6.00 Lg 7.00
Pizza (Hawaiian, Veg or Weekly Special)	4.00
Lamb and Rosemary Triangle	4.00
Spinach and Feta Triangle	4.00
Cheese Burger	6.00
Hamburger	7.00

### Drinks

Plain Milk (500ml)	2.00
Flavoured Milk (300ml)	3.00
Flavoured Milk (600ml)	4.00
Ice Break (500ml)	4.00
Up & Go Liquid Breakfast (250ml)	2.00
Popper (250ml)	2.00
Juice - small	2.50
Juice - large	3.50
Orchy Orange Juice (500ml)	3.00
Sparkling Fruit Juice (250ml)	2.00
Water Bottled (600ml)	1.50
Water Bottled (1 ltr)	3.00
Water Bottled (1.5 ltr)	4.00

### Ice Blocks

Available to purchase over the counter

Selection of ice blocks, frozen yoghurts & sorbet

### Birthdays

Selection of birthday cakes available, starting at \$10.00. Order and pay online or at the Cafe.

**PLEASE ORDER ONLINE: [www.flexischools.com.au](http://www.flexischools.com.au)**



## Student Card Account

### Online Ordering is the Ordering System in the Junior School.

Secondary students can set up a pre-paid account using their Student ID Card to purchase in the Secondary Cafe (instead of cash). To set up a

Flexischools Pre-Paid Account:

- Go to Flexischools website [www.flexischools.com.au](http://www.flexischools.com.au)
- Click on the Register button
- Make sure you enter the Student ID Card Number which is an S and five numbers.

### Online Ordering

To order Online set up a Flexischools account:

- Go to Flexischools website [www.flexischools.com.au](http://www.flexischools.com.au) to Register
- Once registered start placing your orders. The order is sent directly to the Cafe and pickup is from the Orders Counter
- Online orders can be placed days and weeks ahead or by 9.30am on the day.
- For help with setting up your account, contact Flexischools on Ph 1300 361 769



## Opening Hours

The Middle & Senior School Cafe is open 7.30am until 3.30pm. Coffee, tea, cold drinks, snacks and meals are available for parents and visitors at reasonable prices between these hours.

**JUNIOR SCHOOL CAFE PH: 5451 3311**

**MIDDLE & SENIOR SCHOOL CAFE PH: 5451 3366**

**EMAIL: [CAFE@NCC.QLD.EDU.AU](mailto:CAFE@NCC.QLD.EDU.AU)**

## About The Cafe

The NCC Cafes are managed by Laurent Vancam. Laurent is a French Chef and cook book author with a background in catering both in Europe and Australia.

Laurent has won the following awards in the Tuckshop industry:

*2013 - Top 10 Queensland Tuckshops (at NCC)*

*2012 - Top 10 Queensland Tuckshops (at NCC)*

*2011 - Top 10 Queensland Tuckshops (at NCC)*

*2010 - Top 10 Queensland Tuckshops*

*2009 - Innovation in the Tuckshop for his tuckshop cookbook "Chef Laurent caters for Kids"*

*2008 - Queensland Tuckshop of the Year*

The menu is based on using fresh and wholesome ingredients in line with the State Government's healthy tuckshop food guidelines.

Parents are eligible for Working Bee Credits by volunteering in the Cafes and donating goods.

Please contact us for further information.