



JUNIOR SCHOOL CAFE MENU 2026

Sandwiches / Wraps / Rolls

(White, Wholemeal, Wrap, Gluten Free Bread)
(Customised fillings available online)

Honey, Vegemite or Cheese	4.00
Salad (tomato, cucumber, carrot, cheese, lettuce, mayo)	6.00
Ham or Chicken and Salad	7.00

Toasted Sandwiches

Cheese	4.50
Ham and Cheese	5.00
Ham, Tomato and Cheese	5.00

Cold Food

Chicken Caesar Salad	8.00
Sushi (GF) (chicken, tuna or veg)	4.50
Fruit Salad Cup	3.00
Large Fruit Salad	5.00
Yoghurt Pouch (mango, berry or vanilla)	2.50

Snacks

Popcorn	1.50
Cookies and Slices	from 0.50
Muffins	2.00
Cakes	from 2.00
Gingerbread Face or Man	3.00
Triple Chocolate Cookie (GF)	4.00
Red Rock chips assorted	2.50

Weekly Specials

Specials featuring flavours from around the world are changed each week. The Specials menu is available on the Flexischools website.

\$8.50 Meal Deal

Weekly Special PLUS Popper PLUS
Small Fruit Salad or Cup Cake

Hot Food

Sausage Roll (GF)	6.00
Sausage Roll - small	3.00
Sausage Roll	6.00
Pie Traveller	6.00
Roast Vegetable Toasted Focaccia	7.00
Ham, Tomato, Pesto, Cheese Toasted Focaccia	7.00
Pizza (cheese, ham cheese or ham, pine, cheese)	6.00
Spaghetti Bolognese	5.00
Ham and Cheese Penne	6.00
Ham and Cheese Penne (GF)	6.00
Spinach & Feta Triangle	6.00
Lamb & Rosemary Triangle	6.00
Cheese Burger	6.00
Garlic Bread - small	3.00
Garlic Bread - large	4.00
Vegie Burger	7.00

Drinks

Milk (chocolate, strawberry, vanilla - 300ml)	3.00
Popper (250ml)	2.50
Juice 100% (350ml)	4.00
Up & Go Liquid Breakfast (choc, straw - 250ml)	3.00
Krazy Lemon (200ml)	3.00
Water Bottled (600ml)	2.00
Sparkling Juice	3.00

Ice Blocks

Available to purchase over the counter

Zooper Dooper	1.00
Icy Pole (lemonade or raspberry)	2.00
Dixie Cup (vanilla)	2.00

Birthdays

We can supply ice block buckets for your child's class. They are delivered directly to the classroom for morning tea. Cost is 1.00 per ice block with a minimum of 20 for any one order. One day's notice required. Order and pay online or at the cafe.



Ordering Tuckshop

Online ordering is the ordering system in the Junior School.

ONLINE ORDERING

To order online simply set up a pre-paid account with Flexischools.

Go to Flexischools website

www.flexischools.com.au and click on the register button. Once registered, start placing your orders. The order is sent directly to the Cafe.

Online orders can be placed days and weeks in advance or by 9.00am on the day.

For help with setting up your pre-paid account, contact Flexischools on Ph 1300 361 769.



Opening Hours

The Junior School Cafe is Tuesday to Friday during term from 8.00am until approximately 1.30pm. Drinks, snacks and meals are available for parents and visitors at reasonable prices between these hours.

EMAIL: CAFE@NCC.QLD.EDU.AU



PLEASE ORDER ONLINE: www.flexischools.com.au

