

# JUNIOR SCHOOL CAFE MENU 2024

# Sandwiches / Wraps / Rolls

(White, Wholemeal, Wrap, Gluten Free Bread) (Customised fillings available online)

Honey, Vegemite or Cheese	3.50
Salad (tomato, cucumber, carrot, cheese, lettuce, mayo)	6.00
Ham or Chicken and Salad	6.00

## **Toasted Sandwiches**

Cheese	4.00
Ham and Cheese	4.50
Ham, Tomato and Cheese	5.00

#### **Cold Food**

Chicken Caesar Salad	6.00
Sushi (GF) (chicken, tuna or veg)	4.50
Small Fruit Salad	2.00
Fruit Salad Cup	3.00
Large Fruit Salad	5.00
Yoghurt Tub (mango, berry or vanilla)	2.50

### Snacks

Popcorn	1.50
Cookies and Slices	from 0.50
Muffins	1.50
Cakes	from 1.00
Gingerbread Face or Man	3.00
Triple Chocolate Cookie (GF)	4.00

## **Weekly Specials**

Specials featuring flavours from around the world are changed each week. The Specials menu is available on the Flexischools website.

**\$7.00 Meal Deal**Weekly Special PLUS Popper PLUS
Small Fruit Salad or Cup Cake

#### **Hot Food**

3.00
5.00
5.00
5.00
6.00
6.00
5.00
5.00
5.00
6.00
6.00
5.00
5.00
6.00
2.50
3.50

#### **Drinks**

Milk (chocolate, strawberry, vanilla - 300ml)	3.00
Popper (250ml)	2.00
Juice 100% (350ml)	3.00
Up & Go Liquid Breakfast (choc, straw - 250ml)	2.00
Krazy Lemon (200ml)	3.00
Water Bottled (600ml)	1.50

#### **Ice Blocks**

## Available to purchase over the counter

Zooper Dooper	1.00
Icy Pole (lemonade or raspberry)	2.00
Calippo (lemon or raspberry)	1.50
Dixie Cup (vanilla)	2.00
Billabong (chocolate)	2.00
Homemade Sorbet (tropical, berry, chocolate)	1.00

## **Birthdays**

We can supply cup cakes for your child's class. They are delivered directly to the classroom for morning tea. Cost is 80c per cup cake with a minimum of 20 cakes for any one order. One day's notice required. Order and pay online or at the cafe.

PLEASE ORDER ONLINE: www.flexischools.com.au



## **Ordering Tuckshop**

Online Ordering is the Ordering System in the Junior School.

#### **ONLINE ORDERING**

To order Online simply set up a Pre-paid Account with Flexischools.

#### **Go to Flexischools website**

www.flexischools.com.au and click on the Register button. Once registered, start placing your orders. The order is sent directly to the Cafe.

Online Orders can be placed days and weeks in advance or by 9.00am on the day.

For help with setting up your Pre-paid Account, contact Flexischools on Ph 1300 361 769.

#### **About The Cafe**

The NCC Cafes are managed by Laurent Vancam. Laurent is a French Chef and cook book author with a background in catering both in Europe and Australia.

Laurent has won the following awards in the Tuckshop industry:

2013 - Top 10 Queensland Tuckshops (at NCC)

2012 - Top 10 Queensland Tuckshops (at NCC)

2011 - Top 10 Queensland Tuckshops (at NCC)

2010 - Top 10 Queensland Tuckshops

2009 - Innovation in the Tuckshop for his tuckshop cookbook "Chef Laurent caters for Kids"

2008 - Queensland Tuckshop of the Year

The menu is based on using fresh and wholesome ingredients in line with the State Government's healthy tuckshop food guidelines.

Please contact us for further information.

# **Opening Hours**

The Junior School Cafe is Tuesday to Friday during term from 8.00am until approximately 1.30pm. Drinks, snacks and meals are available for parents and visitors at reasonable prices between these hours.

**EMAIL: CAFE@NCC.QLD.EDU.AU** 

